

CAMPER PACKING LIST

These are recommended quantities, suitable for a **one-week** stay at camp. If you are staying for **two weeks, please pack accordingly**.

- □ Sleeping bag or sheets and blankets and pillow
- □ Toothbrush and toothpaste*
- \Box Bath soap
- □ Shampoo/conditioner
- Dersonal items as needed, i.e. deodorant, lip balm, contact lens solution, feminine products
- Lightweight bath towel, washcloth, hand towel
- □ Hairbrush/comb
- □ Bag or bucket to carry toiletries to the Greenie (bathhouse)

Prescription medications (Keep in original container, clearly labeled with dosage instructions.
Pack medications separately, as medications must be given to a staff member at check-in, and will be dispensed by the camp health officer as instructed.)

- □ Insect repellent non-aerosol
- □ SPF 30, broad-spectrum, waterproof sunscreen
- \Box 6 pair shorts
- □ 6 shirts/t-shirts*
- \Box 3 pair long pants/jeans
- □ 1 sweatshirt or long sleeved fleece shirt*
- \Box 7 sets underwear
- \Box 7 pair socks
- □ Sleepwear*
- □ 1-2 swim suits (Girls: one piece or tankini; no bikinis or ties, even under a shirt)
- □ Beach towel*
- □ Flashlight with fresh batteries* a small one if you are taking a canoe or hiking trip
- □ 1 pair athletic shoes or other closed-toe shoes for sports activities
- □ 1 pair sandals with straps *that will stay on in water* (no flip-flops)
- □ Rain jacket or poncho with hood
- Laundry bag
- □ Water bottle^{*}
- \Box Paper and envelope or postcard to write home with stamps*

Optional items:

- □ Warm jacket or lined windbreaker
- □ Hat with brim such as baseball cap*
- □ Sunglasses*
- □ Journal*
- □ Camera (digital or disposable*; no cell phone cameras)
- □ Don't forget your canoe patch (returning campers). New campers will receive a canoe patch at the end of the week!

Please note the following:

- □ No candy or food should be sent with campers. (We like campers living in our cabins, not furry four-legged creatures!)
- □ No cell phones, mp3 players, DVD players, iPads, video games, or other electronic devices are allowed at camp.
- □ No valuable jewelry or expensive clothing. Camp is a great place for old clothes. We spend time outdoors climbing, crafting, having fun getting wet and dirty!

*Available for purchase at the camp store

313-341-8969Camp Westminster on Higgins Lakewww.campwestminster.com